

SOCIAL SERVICE LEAGUE

Mercy College , Palakkad

The Social Service League of Mercy College functions with various units like FCC, SPC, Mercy Home, Creche, Kaval Plus

MERCY HOME

Mercy home, home for Aged And Destitute women houses 25 senior citizens who are above 60years age

FAMILY COUNSELLING CENTER

Family Counseling Centre established in 1991 it was functions under the Social Service League of Mercy College and it is aided by Central Social Welfare Board, Department of Child and Women Ministry Government of India.

Objectives:

- To provide support for the development of women, child and family.
- To conduct awareness programmes for the economically backward women & children of the locality.
- Counselors seek advice from Psychiatrists, Psychologists, lawyers and police officials.

Activities:

- Conducts outreach programmes in collaboration with various Government and non-Government Institutions.
- Organizes subcommittee meetings at regular intervals
- Creates awareness and mobilize public opinion on social issues.
- Facilitates Individual counseling, group counseling, family therapy, behavior modification therapy, environment modification therapy, marital therapy, reality therapy and psychological support to the client and family members
- Counseling services are extended to the different Government bodies like Women Cell, Women's Commissions and Family Court, Palakkad.
- Deals with all types of cases such as marital problems, family problems, Alcoholism, Adolescents and psychiatric problems.

- Conducts Pre-marital counseling, Counseling to family issue like dowry cases, property disputes and Counseling for marital mal- adjustment problems.

Context & Practice:

Practice of Year	Activities	Target Group	Collaborating agencies	Faculties.
Family Counseling Centre (1991)	1. Students, family, Pre-marital, personal counseling. 2.Training, School counselors, Anganwadi workers, Capo's Supervisors etc.,	Individuals, Parents, Teachers Students, and families in need of counseling.	Kerala Social Welfare Board, Kerala Police, Protection Officer, District Education Department, Social welfare department, Women Cell, Psychiatrists, District JagrathaSamithi, NGO's, Local Panchayaths and Municipalities.	Separate Building, Two qualified Counsellors and two Office assistants.

Awareness class conducted by Family Counsellors

Sl.No	Date	Topic	Placed
1.	11/5/2021	Life Skill Education	Mercy College, Palakkad
2.	20/5/21	"Swachchata& Hygiene Incovid 19 time"	Webinar Google meet Palakkad &Malappuram Teachers.
3.	26/5/21	Parenting	Kaikuthiparambu
4.	19/7/21	Review Meeting	Snehitha help desk Palakkad
5.	3/9/21 & 8/10/21	MeghaAdalath	Palakkad civil Station.
6.	11/10/21	"International Girl" Child day	Mercy college Palakkad.
7.	22/10/21	Webinar "Beyond the verbal – Body language matters"	Google meet.
8.	8/11/21	"Women empowerment"	Mercy College, Palakkad
9.	9/11/21	"Social Media"	Mercy college Palakkad.
10.	10/11/21	"Toxic Relationship"	Mercy college Palakkad.
11.	12/11/21	"Depression & Anxiety"	Mercy College, Palakkad
12.	5/1/22	"Orientation Class"	Mercy college Palakkad.
13.	24/1/22	"Motivational Techniques"	Google meet for Kaval Plus Project.
14.	10/3/22	"Stress Management "	ICDS Anganwadi teachers at Mercy College.

WORKSHOP AND SEMINARS ATTENDED BY COUNSELLORS

Sl.No	Date	Topic	Placed
1	26/7/21	Vanitha Commission MeghaAdalath	Civil station Palakkad
2	27/7/21 & 28/7/21	Poster Campaign	Pallipuram
3	3/9/21	Vanitha Commission MeghaAdalath	Panchayath hall Palakkad
4	8/10/21	Vanitha Commission MeghaAdalath	Civil station
5	18/11/21	Vanitha Commission MeghaAdalath	Civil Station
6	26/11/21	DV Act Awareness Seminar	Public library Palakkad
7	27/11/21	Review meeting of SPC	PSSP Chakanthara
8	30/11/21	Dowry Prohibition Act & DV Act seminar	Google meet
9	1/12/21	Aids day celebration	District hospital Palakkad
10	8/12/21	DV Act Awareness Seminar	Mery College, Palakkad
11	16/12/21	JCL programme	Mercy college Auditorium
12	16/12/21	Vanitha Commission Adalath	Civil Station
13	17/1/22	Vanitha Commission Adalath	Civil station
14	3/2/22	"Increasing role of women related crimes" Reason& Solution	Google meet
15	10/2/22	Vanitha Commission Adalath	Panchayath Hall Palakkad
16	24/3/22	Review meeting of Kudumbasree Snehitha Help desk	Civil station

DIFFERENT CASES HANDLED AND ITS

➤ Personal problem	-	46
➤ Marital problem	-	87
➤ Domestic violence	-	8
➤ Depression	-	2
➤ Behavior problem	-	2
➤ Alcoholic	-	4
➤ Family Problem	-	67
➤ Tension & Stress	-	13
➤ Psychiatry	-	15
➤ Educational Problem	-	11

SUCCESS RATE OF FAMILY COUNSELING CENTRE 2021 APRIL TO 2022 MARCH

Total Number of Cases	-	255
Follow-up Cases	-	248
No. of Beneficiary	-	502
Referred cases	-	37
Successful Cases	-	245



Service Providing Centre

During this period we had registered 38 new Domestic Violence cases on Physical, Economic, Verbal & Sexual abuses from the husband and his relatives. During this period we had 52 cases for Legal Counseling and settled 40 cases through the counselling. Out of this 3 cases we had prepared Domestic incident Report and was send to Judicial First Class magistrate court .Sec 10 and 23 application for various relief U/S DV ACT and got protection order and maintenance order in 3 cases.

Creche

Creche provides maximum facility for children below five years age of socially and economically backward women and working mothers of locality at subsidized rates. Children are provided with health check-up, are given nutritious food free of cost. Two support staffs take care to improve the academic, communicative and social skills of children.



KAVAL PLUS

Kaval plus is an innovative program by the Department of Women and Child development, Govt. of Kerala. The beneficiaries of the program are children in need for care and protection and survivors of child sexual abuse. The project aims at the community based rehabilitation of children. The individual cases of each child dealt by Kaval plus are initially directed from Child Welfare Committee through District Child Protection Unit. Once the cases are received a detailed collection of socio-demographic data and assessments are being done from the first few house visits of the child. According to the assessment each child is

categorized into either severe, moderate or mild. After this identification phase a separate ICP (Individual Care Plan) is prepared. Social Service League of Mercy College is the NGO which lays the platform for Kaval Plus in Palakkad district from 2021 (from pilot project itself). The hierarchy of staffs includes a Project Co-ordinator and separate case workers for both CNCP and CSA children. For the time being there are totally 108 cases in CNCP and in CSA there are 68 cases.

Apart from these other services that are provided through the project are

Individual and Family counselling

Counseling services are being provided for both individual children and their families for the up-liftment of the child and family and to sort out the chaos experienced by the child and the one that exists within the family.

Parent Management Training

A complete day session exclusively for a group of parents of children which are included in the project. Detailed discussions and awareness classes along with activities are given to them in order to increase their motivation and to develop a responsible attitude in parenting.

Life Skill Training

A day or two sessions are given for children which includes 10 different skills that are very essential for a fruitful life. For each skill a minimum of two engaging activities will be given and through these activities children are educated practically about the respected skills.

Group Work

A complete day session exclusively for children included in the project. Here a group or cluster is formed after detailed scrutinization. Each member of the group are selected on reason and the activities and all other sessions will be planned according to that reason or a solution for that reason.

Physical and Mental Health Support

As per the need of the children and their family services will be provided by the help of government doctors either mental or physical health like De-addiction.

Educational Support

Helping children to continue education by providing guidance and support both emotionally and financially, helping the drop out students to their re-

entry to schools and providing career guidance and motivating the children to take job-oriented diploma courses.

Connecting with various resources

After preparing ICP according to the need of the child and the family case workers will find out the appropriate government or non-governmental resources that are applicable for the child and his/her family, these resources can be either economical, legal and so on.

Services provided with the help of Social Service League.

From the beginning stage itself NGO has been a huge help for the progression of the project, many of the children and families got effective services with the help of the NGO. Those are listed below.

- Financial assistance were given to a child for higher education
- An employment opportunity was given to a parent of a child included in the project.
- School kits which included school bag books, pens, pencils, erasers, umbrella, water bottle etc. was given to all CNCP and CSA children.
- Television and Mobile phone was given to children for educational purposes during lock down period.



Group work



Parent management training



Community programme held at Kottamutti village
Palakkad



Awareness programme held at BEMHSS Palakkad

CHILDREN IN NEED OF CARE AND PROTECTION

Children in need of care and protection are at higher chances of entering into multiple problems in life. As most of them do not have adult support to help them in such difficulties that aggravate their problem. Many of these children experience physical abuse, sexual abuse, discrimination, termination from education, labelling and isolation. It is essential to ensure the safety and security of children to prevent the occurrence of future untraded events. There is a need to support these children through community-based supportive programs to reduce victimization and to

mainstream them to build up potentials and lead a purposeful life without the baggage of any sort of violence against them.

Children in need of care and protection according to the 31 Act, 2015 forms the population the program, and the pilot phase of the program will be carried out in Thiruvananthapuram and Palakkad.

The program aims to locate and identify the beneficiaries of the project from CWC records increase of the child in need of care and protection and high-risk cases from community and bring them to the system at the earliest. Children at risk in the child care institutions will also be supported through the program.

The programme will be conducted at two levels. First one is community level identification and intervention. The community-level workers (Asha workers/ ICDS staff Paralegal volunteers/ICPS / maithripolice Anganwadi workers.Kudumbasree) will identify children at risk in the community, and Inform DCPU. The DCPU team will assess the vulnerability of the child and the mild and moderate cases will be taken care by the school counselors and the severe case will be transferred to KAVALPLUS partner NGO from CWC through DCPU.

The NGO will acknowledge the receipt of the cases and initiate psychosocial intervention. Networking and conversing with multiple stakeholders supported by DCPU and CWC. Psychosocial interventions will be provided to children in need of care and protection as on-going service through NGO.

phase implemented in the district of Kannur, Kozhikkode, Malappuram, Ernakulam and Idukki. The NGO Social Service League till gets 53 no of children in child sexual abuse and 86 no of children in the children in need of care and protection. At present the all children are receiving the services of Kaval Plus.




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